

**7.2.1**

**BEST PRACTICE 1: SELF DEFENCE COURSE**

**2022-2023**

**CERTIFICATE COURSE 2022-2023 (SELF DEFENCE)**

**REPORT 2022-2023 (SELF DEFENCE)**

**Title of the activity:** 10 day's certificate course on Self Defence (30 HOURS)

**Trainer:** Mr. Bimal Pal, Bengal Kyokushin Karate Organization

**Objective of the activity:**

- Self Defence for Women
- Physical fitness and mental health improvement.

**Type of Activity:** Karate Workshop

**Organizing Department:** Women's Cell

**Place of activity:** Play ground, Old Building, Serampore Girls' College Campus

**Date and time of the activity:** 10th May 2023 to 20th May 2023 ( Time: 8 am to 10 am)

**Number of attendees:** 64

**Outcome:**

- Students learned basics of self defence and Kyokushin Karate
- Gained self confidence and mental peace.
- Developed interest in such self defence programs.

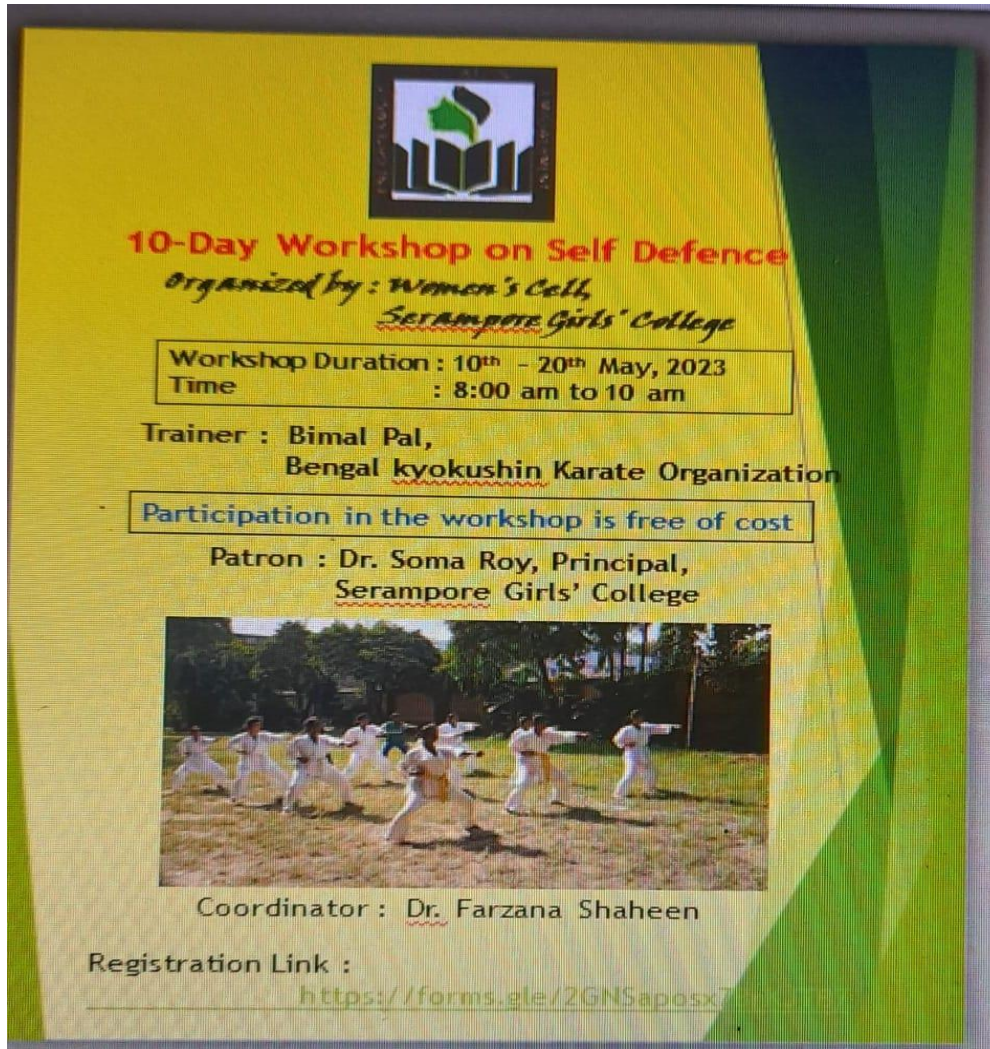
*Soma K.*  
Principal  
Serampore Girls' College  
Serampore, Hooghly


Signature of Principal

7.2.1

BEST PRACTICE 1: SELF DEFENCE COURSE

2022-2023






**10-Day Workshop on Self Defence**  
*Organized by: Women's Cell,  
Serampore Girls' College*

Workshop Duration : 10<sup>th</sup> - 20<sup>th</sup> May, 2023  
Time : 8:00 am to 10 am

Trainer : Bimal Pal,  
Bengal kyokushin Karate Organization

Participation in the workshop is free of cost

Patron : Dr. Soma Roy, Principal,  
Serampore Girls' College



Coordinator : Dr. Farzana Shaheen

Registration Link :  
<https://forms.gle/2GNSaposx7>

Flyer of Workshop on Self Defence

*Soma Roy,*  
Principal  
Serampore Girls' College  
Serampore, Hoopla

Signature of Principal

## 7.2.1

# BEST PRACTICE 1: SELF DEFENCE COURSE

2022-2023

Ph. : (033) 26623723 (Office)  
(0331) 26623723 (Office)  
Ph. : (033) 26623723 (Office)  
(033) 26527850 (Principal)

**Serampore Girls' College**  
(Estd.: 1981)  
Re-Accredited by NAAC : Grade B (2nd Cycle)  
13, T. C. GOSWAMI STREET, SERAMPORE, HOOGHLY. PIN-712 201, WEST BENGAL.  
E-mail : serampore\_girls\_college@yahoo.co.in  
Website : www.seramporegirlscollege.org

Ref. No. ....

Date ..... 4/5/23 .....

**NOTICE**  
Self Defence Workshop.

All the students of Serampore Girls' College are informed that a 10 days' workshop on Self Defence is going to be held from 10th May 2023. Those who enrolled for that are requested to be present on 8th May 2023 for orientation program at 2 pm and venue will be in front of Principal's room.

*Soma Roy.*  
Principal  
Principal  
Serampore Girls' College  
Serampore, Hooghly

*Farzana Stahar*  
Coordinator  
4/5/23

Notice of the Workshop

*Soma Roy.*  
Principal  
Serampore Girls' College  
Serampore, Hooghly

Signature of Principal





## 7.2.1

# BEST PRACTICE 1: SELF DEFENCE COURSE

2022-2023



Certificate awarded to the students

*Soma Roy,*  
Principal  
Serampore Girls' College  
Serampore, Hoopla

Signature of Principal

## 7.2.1

# BEST PRACTICE 1: SELF DEFENCE COURSE

2022-2023



Training the Students



Students Breaking Tiles (Tali) by hand

Soma Roy,  
Principal  
Serampore Girls' College  
Serampore, Hooghly

Signature of Principal

## 7.2.1

# BEST PRACTICE 1: SELF DEFENCE COURSE

2022-2023



**Body Breaking**



**Fighting Skills**

Soma Roy,  
Principal  
Serampore Girls' College  
Serampore, Hooghly

Signature of Principal

## 7.2.1

# BEST PRACTICE 1: SELF DEFENCE COURSE

2022-2023



Distribution of Certificates

*Soma Roy,*  
Principal  
Serampore Girls' College  
Serampore, Hooghly

Signature of Principal

**REPORT on SELF DEFENCE COURSE 2019-2020**

**Title of the activity:** COURSE in **KARATE TRAINING**

In Collaboration with **TANG SOO DO SPORTS ASSOCIATION OF WEST BENGAL** which is affiliated to **ITF TANG SOO DO SPORTS FEDERATION OF INDIA**.

**Programme Coordinator : Dr. Saswati Chanda, Dept. of Sociology**

Korean karate (TANG SOO DO) training classes have been started from the year 2016. Now in the year 2019-20, students are also continuously taking the benefits of this training programme. However, the college has to stop the course due to Covid.

**Objective of the activity:**

- Self Defence for Women
- Physical fitness and mental health improvement.

**Type of Activity:** Karate Certificate Course

**Organizing Department:** Women's Cell

**Place of activity:** Play ground, Old Building, Serampore Girls' College Campus

**Date and time of the activity:** Every Wednesday and Friday of the week ( Time: 8 am to 10 am)

**Programme Supervisors :** Dr. Shilpi Adhikary , Teacher, Deptt. Of Sanskrit

Ms. Reboti , Staff, Serampore Girls College

**Number of attendees:** 139

**Outcome:**

- Students learned the basics of self-defence and Kyokushin Karate
- Gained self-confidence and mental peace.
- Developed interest in such self-defence programs.

## Curriculum, Examination and Certification

The curriculum is as prescribed by **TANG SOO DO SPORTS ASSOCIATION OF WEST BENGAL** which is affiliated to **ITF TANG SOO DO SPORTS FEDERATION OF INDIA**.

Interested students may enroll in this training free of cost. However, regular attendance and strict discipline are to be adhered to. While the training is strenuous, its benefits have made it very popular among students.

Based on the performance in the examination held, the students are awarded appropriate certificates ((Green Belt, Orange Belt, and Brown Belt. )

### Students' Special Achievements

Year	Name of the Award/Medal	Team /Individual	University/State/National/ International	Sports/Cultural	Name of the Student
January 2020	1st place in "6th Hooghly District Kick Boxing Championship"	Individual	District	Sports	SOMA CHATTERJEE
January 2020	2nd place in "6th Hooghly District Kick Boxing Championship"	Individual	District	Sports	PUSPITA CHAKRABORTY
February 2020	2nd Position in 6th State "Tang Soo Do Championship 2020"	Team	State	Sports	Serampore Girls' College Karate Team

**Some Photographs**



**Karate Training is going on in the college playground**



**Pushpita Chakraborty won the Silver Medal**

# Serampore Girls' College

13, T. C. Goswami Street, P.O. : Serampore, District - Hooghly, W.B., Pin - 712201



## Certificate of Completion

Awarded to PAYEL MODAK of 2ND semester \_\_\_ for successfully  
completing the COURSE IN KARATE TRAINING (TANG-SOO DO) conducted by the  
WOMEN CELL. Serampore Girls' College, from SEP 2019 to JAN 2020

*Soma Roy,*  
Principal  
Serampore Girls' College

*Jaswanti Chakr.*  
Course Co-ordinator 29/1/20.

11/11/18/19

# REGISTER OF ATTENDANCE FOR THE MONTH

KARATE ATTENDANCE

## ANCE OF PUPILS

2019-2020

Serial No.	Roll No.	NAME OF PUPILS	S. No. & dt. of Adm. in the Adm. Reg.	ATTEND -																		
				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
SECTION - A																						
1		Soma Chatterjee		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
2	86	Jayashree Dey		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
3		Priyanka Singh		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
4	331	Payel Modak		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
5	550	Puspita Chakrabarty		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
6	340	Sanchavi Hazra		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
7	850	Shabem Patra		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
8	344	Chandni Khatoon		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
9	029	Payel Karmakar		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
10	074	Debolina Das		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
11	096	Piyali Saha		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
12	099	Priya Mondal		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
13	255	Sulha Man		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
14	283	Runki Maji		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
15	299	Apurba Prasad		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
16	304	Kamni Kanari Jha		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
17	426	Asia Parvin		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
18	517	Nikhat Faida		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
19	522	Nishat Anjum		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
20	528	Pallabi Ghosh		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
21	659	Shreyasi Ghosh		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
22	682	Sonia Roy Chowdhury		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
23	694	Sulha Adhikary		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
24	734	Tanushree Das		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
25	741	Tithi Sanha		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
26	790	Debolpna Das		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
27	807	Sanchita Das		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
28	787	Priyanka Orao		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
29	688	Sounita Chakrabarty		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
30	515	NEMAI SABA		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
31	612	Upasana Ghosh		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
32	701	Priti Sheet		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
33	432	Manalisa Dhasa		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
34	259	Mauli Ghosh		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
35	544	Ayat Parveen		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
36	05	Alia Paul		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
37	621	Siya Mallik		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
38	15112	Mamoni Das		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
39	19174	Tithi Mondal		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		

Serial No.	Roll No.	NAME OF PUPILS	S. No. & dt. of Adm. in the Adm. Reg.	ATTENDANCE																		
				20	21	22	23	24	25	26	27	28	29	30	31	Present	Present	Present	On Leave	Absent	Absent	Without Leave
1		Soma Chatterjee		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
2	86	Jayashree Dey		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
3		Priyanka Singh		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
4	331	Payel Modak		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
5	550	Puspita Chakrabarty		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
6	340	Sanchavi Hazra		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
7	850	Shabem Patra		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
8	344	Chandni Khatoon		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
9	029	Payel Karmakar		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
10	074	Debolina Das		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
11	096	Piyali Saha		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
12	099	Priya Mondal		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
13	255	Sulha Man		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
14	283	Runki Maji		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
15	299	Apurba Prasad		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
16	304	Kamni Kanari Jha		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
17	426	Asia Parvin		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
18	517	Nikhat Faida		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
19	522	Nishat Anjum		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
20	528	Pallabi Ghosh		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
21	659	Shreyasi Ghosh		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
22	682	Sonia Roy Chowdhury		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
23	694	Sulha Adhikary		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
24	734	Tanushree Das		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
25	741	Tithi Sanha		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
26	790	Debolpna Das		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
27	807	Sanchita Das		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
28	787	Priyanka Orao		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
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34	259	Mauli Ghosh		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
35	544	Ayat Parveen		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
36	05	Alia Paul		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
37	621	Siya Mallik		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
38	15112	Mamoni Das		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
39	19174	Tithi Mondal		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	

Soma Roy

Principal

Serampore Girls' College  
Serampore, Hooghly 5 during the Month -  
Percentage of Attendance during the Month -







# REPORT on SELF DEFENCE COURSE

## 2018-2019

### Title of the activity: COURSE in KARATE TRAINING

In Collaboration with **TANG SOO DO SPORTS ASSOCIATION OF WEST BENGAL** which is affiliated to **ITF TANG SOO DO SPORTS FEDERATION OF INDIA**.

Programme Coordinator : Dr. Saswati Chanda, Dept. of Sociology

Korean karate (TANG SOO DO) training classes have been started from the year 2016. Now in the year 2018-19, students are also continuously taking the benefits of this training programme.

#### Objective of the activity:

- Self Defence for Women
- Physical fitness and mental health improvement.

**Type of Activity:** Karate Certificate Course

**Organizing Department:** Women's Cell

**Place of activity:** Play ground, Old Building, Serampore Girls' College Campus

**Date and time of the activity:** Every Wednesday and Friday of the week ( Time: 8 am to 10 am)

**Programme Supervisors :** Dr. Shilpi Adhikary , Teacher, Deptt. Of Sanskrit

Ms. Reboti , Staff, Serampore Girls College

**Number of attendees:** 134

#### Outcome:

- Students learned the basics of self-defence and Kyokushin Karate
- Gained self-confidence and mental peace.
- Developed interest in such self-defence programs.

## Curriculum, Examination and Certification

The curriculum is as prescribed by **TANG SOO DO SPORTS ASSOCIATION OF WEST BENGAL** which is affiliated to **ITF TANG SOO DO SPORTS FEDERATION OF INDIA**.

Interested students may enroll in this training free of cost. However, regular attendance and strict discipline are to be adhered to. While the training is strenuous, its benefits have made it very popular among students.

Based on the performance in the examination held, the students are awarded appropriate certificates ((Green Belt, Orange Belt, and Brown Belt. )

### Students' Special Achievements

Year	Name of the Award/Medal	Team /Individual	University/State/National/ International	Sports/Cultural	Name of the Student
January 2019	2nd Position in 5th State "Tang Soo Do Championship 2019"	Individual	State	Sports	PUSPITA CHAKRABORTY
January 2019	Best College(1 <sup>st</sup> position) in the Hooghly District	Team	District	Sports	NA



**Karate classes are going on in the playground of the college**



# TANG SOO DO SPORTS ASSOCIATION OF WEST BENGAL

(KOREAN KARATE)



Affiliated to ITF TANG SOO DO SPORTS FEDERATION OF INDIA  
 Affiliated to INTERNATIONAL TANG SOO DO SPORTS FEDERATION USA  
 Tang Soo Do is A Recognized Discipline of SGFI

## Certificate

**Belt Grade (Below Black Belt)**



This is to certify that Akriti Shaw  
 District / Unit Serampore Girls Collage, Hooghly  
 has been awarded by the Technical Council of Tang Soo Do Sports Association of West Bengal.

5th Grp Purple.....BELT

*This special honour is bestowed in recognition of his/her merit as an outstanding Martial Artist having sound knowledge and ability in Martial Art and in graceful appreciation of his/her untiring efforts and personal dedication in the most advanced Martial Art Sport.*

*Tang-Soo Do (Korean Karate)*

*May his / her example serve as a model for other Martial Artists*



Recommended by   
 Membership No. \_\_\_\_\_  
 Awarded this day 12-8-18

**Ripan Chandra Sil**  
 General Secretary  
 Tang Soo Do Sports Association of West Bengal  
 International Referee / Judge





Certificate of a student

Soma Roy  
Principal  
Serampore Girls' College  
Serampore, Hooghly

# Serampore Girls' College

13, T. C. Goswami Street, P.O. : Serampore, District - Hooghly, W.B., Pin - 712201



## Certificate of Completion

Awarded to PRIYANKA SINGH of 3RD semester for successfully  
completing the COURSE IN KARATE TRAINING (TANG-SOO DO) conducted by the  
WOMEN CELL. Serampore Girls' College, from SEP 2017 to SEP 2018

*Soma Roy.*  
Principal  
Serampore Girls' College

*Sarwati Choudh.*  
Course Co-ordinator  
13/9/18



**In Hooghly District Kick Boxing championship Serampore Girls' College was adjudged the Best College In Martial Arts in the district.**

Soma Roy  
Principal  
Serampore Girls' College  
Serampore, Hooghly



2018-19

# Students' Attendance Register for

the month of Aug, Sept, 2018  
 SUBJECT KARATE Oct, Nov, Dec 2018

CL.

CLASS \_\_\_\_\_ SEC \_\_\_\_\_

ATTEND -

ANCE

Roll No.	NAME OF STUDENTS
SECTION - A	
GENA 370	SOURMI DAS
432 (III)	PUJA ADOK
GENA 323	RENU KUMARI SHAW
GENA 334	RINA DAS
746 (II)	BANASREE DAS
530 (III)	PINKI MALIK
HISA 47	SETU KUMARI SHA
671 (III)	TANWISHA GUIN
ENGA 66	SUBHOMITA BOSE
820 (II)	<del>KHUSHI</del> KHUSHI KUMAR
51	MOUMITA MITRA
122 (II)	SOURMI ROY
ENGA 06	SUDESHNA KUNDU
ENGA 43	ARPITA SHAW
279 (II)	SRESTHA SARKAR
247 (II)	SOMA CHATTERJEE
573 (II)	RIMPA KHAN
PHIA 49	ANJU GOSWAMI
PHIA 30	REFIKA BEGAM I A
GENA 192	ARCHANA CHOUDHUR
ENGA 47	MUNMUN MONDOL
338 (II)	ADITI DE (867)
264	KHUSHBOG KUMARI SINGH
133	PUSPANJALI KUMARI THAKU
GENA 361	BIJOLI ROY
815	CHANDA SHAW
054	Antara Das
055	Aparna Mondal
058	Shreya Mukherjee
062	Anushka Ghosh
063	SK. Shalnam Choudhry
064	Suparna Samanta
067	Swika Kumari Rai
006	Ipsita Hazra
010	Tania Khatun
011	Snabani Riedas
015	Samraa Khatun
020	Jesmin Yeamin
021	Trisa Kuumkar
024	Chitra Sankha

Roll No.	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
370	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
432	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
323	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
334	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
746	N	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
530	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
47	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
671	C	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
66	L	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
820	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
51	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
122	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
06	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
43	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
279	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
247	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
573	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
49	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
30	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
192	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
47	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
338	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
264	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
133	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
361	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
815	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
054	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
055	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
058	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
062	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
063	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
064	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
067	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
006	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
010	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
011	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
015	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
020	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
021	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
024	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

Roll No.	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
370	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
432	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
323	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
334	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
746	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
530	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
47	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
671	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
66	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
820	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
51	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
122	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
06	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
43	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
279	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
247	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
573	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
49	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
30	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
192	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
47	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
338	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
264	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
133	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
361	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
815	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
054	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
055	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
058	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
062	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
063	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
064	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
067	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
006	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
010	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
011	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
015	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
020	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
021	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
024	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

Soma Roy  
 Principal  
 Serampore Girls' College  
 Serampore, Hooghly

B.A. / B.Sc. 1ST YEAR  
(2018-19)

CLA

Students' Attendance Register for  
CLASS \_\_\_\_\_ SEC \_\_\_\_\_

ATTEND -

SERIAL NO	College Roll No.	NAME OF STUDENTS
SECTION-B		
1	17/PLSA/05	PUJA PAUL
2	17/PLSA/55	SANCHITA ROY
3	17/ENGA/32	ADITI PANJA
4	17/ENGA/33	SOUMELEE LAHA
5	17/SANA/72	GARNALI CHATTERJEE
6	17/EDCA/01	RUPA KHATUN
7	PHIA/06	SRINJOYEE GHOSH
8	PHIA/07	PRIYANKA DAS
9	CMSA/06	HENA BAG
10	CMSA/09	SHREYANKA SAHA
11	CMSA/12	PUNAM SONI
12	CMSA/23	SHRIYA CHAKRABORTY
13	GENA/138	ARPITA BISWAS
14	GENA/385	RANI KUMARI MONDAL
15	GENS/003	RIMA PANJA
16	GENA/207	LOVELY SINGH
17	PLSA/13	OINDRILA GOSWAMI
18	PLSA/51	DEBOSMITA DHAR
19	GENA/386	JADA MONDAL (2ND YEAR)
20	GENA/384	Chitra Santra
21	034	Aditi Pal
22	17/036	Debopriya Pal
23	037	Simple Das
24	17/NECA/38	Dipti Pal
25	041	Priyansree Sit
26	17/MSA/05	Saraswati Parhi
27	07	Nasrin Khatun
28	08	Soumi Shaw
29	009	Anshree Pal
30	019	Mapasa Choin
31	023	Thinkle Khan
32	032	Krishna Samanta
33	033	Mousumi Naskar
34	034	Sagarika Dutta
35	040	Lily Mallick
36	050	Pratima Debnath
37	052	Lipika Sarkar
38	17/PHIA/01	Swainali Saha
39	002	Sarada Chatterjee
40	005	Raima Mukherjee

Roll No.	S.A. 1	S.A. 2	S.A. 3	S.A. 4	S.A. 5	S.A. 6	S.A. 7	S.A. 8	S.A. 9	10	11	12	13	14	15
1	P	P	P	P	P	.	.	P	.						
2	P	P	P	P	P	P	.	P	.						
3	.	.	P	P	.	.	P	.	P						
4	.	.	P	P	P	.	P	P	.						
5	P	P	.	P	P	.	P	P	.						
6	P	P	.	P	.	P	.	P	.						
7	.	.	P	.	P	.	P	.	P						
8	P	P	.	P	P	.	.	P	.						
9	.	.	P	.	P	.	P	.	P						
10	.	.	P	.	P	P	.	P	P						
11	P	.	P	P	.	P	.	P	.						
12	.	P	P	P	.	P	P	.	.						
13	P	P	P	P	.	.	.	P	.						
14	P	.	P	P	P	.	P	P	P						
15	.	.	P	.	P	.	P	P	P						
16	P	.	P	P	.	P	P	P	.						
17	.	P	P	.	.	P	.	.	.						
18	.	.	P	P	P	.	P	P	.						
19	P	.	P	P	P	.	P	P	P						
20	.	P	.	P	P	.	.	P	.						
21	.	P	P	.	P	P	.	P	.						
22	P	.	P	.	P	.	P	.	P						
23	.	P	.	P	P	.	P	.	P						
24	.	P	P	.	P	P	.	P	.						
25	.	P	P	.	P	P	.	P	.						
26	P	.	P	P	.	P	.	P	.						
27	P	.	P	P	.	P	.	P	.						
28	P	.	P	P	.	P	P	.	P						
29	P	P	.	P	.	P	.	P	P						
30	P	P	.	P	.	.	.	P	P						
31	.	P	P	.	P	P	.	.	.						
32	.	.	P	.	P	.	P	.	.						
33	.	.	.	P	P	.	P	.	P						
34	P	.	.	P	P	.	P	.	P						
35	P	.	P	.	P	P	.	P	.						
36	P	P	.	P	.	P	.	P	.						
37	.	.	P	.	P	.	P	.	P						
38	.	.	P	.	P	P	.	P	.						
39	.	.	P	.	P	.	P	.	P						
40	P	P	.	P	.	P	.	P	.						
	P	P	.	P	.	P	.	P	.						
	P	P	.	P	P	.	P	.	P						
	P	.	P	.	P	.	P	.	P						



# Serampore Girls' College

13, T.C. Goswami Street Serampore Hooghly - 712201 West Bengal

## NAAC Criteria 7.2.1



**NO AUTOMOTIVE VEHICLE WITHIN COLLEGE CAMPUS**

**GOVERNING BODY MEETING EXTRACT DT. 31/05/2019**

Ph. : (033) 26623723 (Office)  
(033) 26527850 (Principal)

## Serampore Girls' College

(Estd.: 1981)

Re-Accredited by NAAC : Grade B (2nd Cycle)

13, T. C. GOSWAMI STREET, SERAMPORE, HOOGHLY. PIN-712 201, WEST BENGAL.

E-mail : serampore\_girls\_college@yahoo.co.in

Website : www.seramporegirlscollege.org

Ref. No. ....

Date 01/07/2019

### Extract from minutes of Governing Body Meeting dt 31/05/2019

#### "Agenda- Miscellaneous b): No Automotive vehicle Zone

#### Resolution :

- 1) Considering from Environment perspective the G.B. resolves that college campus may be considered as "No Automotive Vehicle" w.e.f. 01.07.2019 to make the students aware about environmental hazards of Automotive vehicle. The Principal is advised to start activities accordingly.

Soma Roy  
Principal and

Secretary of G.B.

Principal  
Serampore Girls' College  
Serampore, Hooghly

Soma Roy  
Principal  
Serampore Girls' College  
Serampore, Hooghly

Signature of Principal

# Serampore Girls' College

13, T.C. Goswami Street Serampore Hooghly - 712201 West Bengal

## NAAC Criteria 7.2.1



### **PRINCIPAL'S NOTICE FOR ALL STAKE HOLDERS FOR NOT USING AUTOMOTIVE VEHICLE WITHIN COLLEGE CAMPUS DT. 01/07/2019**

Ph. : (033) 26623723 (Office)  
(033) 26527850 (Principal)

## Serampore Girls' College

(Estd.: 1981)

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E-mail : serampore\_girls\_college@yahoo.co.in

Website : www.seramporegirlscollege.org

Ref. No. ....

Date 01.07.2019

### **Notice**

### **For**

### **All Teachers, Non-Teaching Staff and Students**

As per decision of Governing Body in its meeting dated 31.5.2019 college campus is declared as "NO Automotive Zone" w.e.f 01.07.2019 to spread awareness about the environmental hazards caused by the discharge of fumes from automotive vehicles.

All stakeholders are requested not to bring automotive vehicles within college campus.



Soma Roy,  
Principal

Principal  
Serampore Girls' College  
Serampore, Hooghly

Soma Roy  
Principal  
Serampore Girls' College  
Serampore, Hooghly

Signature of Principal

# Serampore Girls' College

13, T.C. Goswami Street Serampore Hooghly - 712201 West Bengal

## NAAC Criteria 7.2.1



### **PRINCIPAL'S NOTICE FOR ALL STAKE HOLDERS FOR NOT USING AUTOMOTIVE VEHICLE WITHIN COLLEGE CAMPUS DT. 13/08/2022**

Ph. : (033) 26623723 (Office)  
(033) 26527850 (Principal)

## Serampore Girls' College

(Estd.: 1981)

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13, T. C. GOSWAMI STREET, SERAMPORE, HOOGHLY. PIN-712 201, WEST BENGAL.

E-mail : serampore\_girls\_college@yahoo.co.in

Website : www.seramporegirlscollege.org

Ref. No. ....

Date 13/08/2022

### Notice

### For

### All Teachers, Non-Teaching Staff and Students

As per decision of Governing Body in its meeting dated 31.5.2019 college campus is declared as "NO Automotive Zone" w.e.f 01.07.2019 to spread awareness about the environmental hazards caused by the discharge of fumes from automotive vehicles.

All stakeholders are requested not to bring automotive vehicles within college campus.



Soma Roy,  
Principal

Principal  
Serampore Girls' College  
Serampore, Hooghly

Soma Roy  
Principal  
Serampore Girls' College  
Serampore, Hooghly

Signature of Principal

# Serampore Girls' College

13, T.C. Goswami Street Serampore Hooghly - 712201 West Bengal

## NAAC Criteria 7.2.1



### NOTICE BOARDS FOR NOT USING AUTOMOTIVE VEHICLE AT AT ENTRY POINTS OF COLLEGE



Soma Roy  
Principal  
Serampore Girls' College  
Serampore, Hooghly

Signature of Principal

# Serampore Girls' College

13, T.C. Goswami Street Serampore Hooghly - 712201 West Bengal

## NAAC Criteria 7.2.1



### PHOTOS OF STUDENTS COMING TO COLLEGE CAMPUS USING BICYCLE



Soma Roy  
Principal  
Serampore Girls' College  
Serampore, Hooghly

Signature of Principal