

CERTIFICATE/VALUE ADDED COURSE:

Certificate Course of Yoga Instructor NSQF level 4
2021-2022

CRITERIA 1.2.1



Serampore Girls College

13, T.C. Goswami Street,
Serampore, Hooghly – 712201, West Bengal
Re- Accredited by NAAC : Grade B (2nd Cycle)
Email: serampore_girls_college@yahoo.co.in
Website: www.seramporegirlscollege.org

Serampore Girls' College

13, T.C. Goswami Street Serampore Hooghly - 712201 West Bengal

NAAC Criteria 1.2.1



REPORT ON CERTIFICATE COURSE 2021-2022

REPORT ON CERTIFICATE COURSE OF YOGA INSTRUCTOR

Academic Session: 2021-2022

Certificate Course of Yoga Instructor conducted by Beauty and wellness sector skill council (B &WSSC), Government of India, National skill development corporation (NSDC) under Skill India Program and Serampore Girls College

Name of Course: Yoga instructor (Level 4) National Skill Qualification Framework Q 4

Course Objective:

Students will learn

- I. Students will learn basic idea of Yoga
- II. Basics of disease curing through Yoga
- III. Better personal health and mental hygiene, emotional stability, integrated moral values

Admission fees: 500.00

Date: Oct 2021- March 2022

Duration: 6 months

Enrolled number of students: 25

No of students passed: 11

Date of exam: (online exam and video calling) 24th May 2022.

Name of Teachers:

- i. Sayanti Banerjee (Teacher, Dept of Physical Education, Serampore Girls' College)
- ii. Tania Nag (Teacher, Dept of Physical Education, Serampore Girls' College)

(Both the Teachers are certified trainers by NSDC)

Course Outcome:

- I. Students will be able get jobs in Health clubs, yoga and Pilate studio, in school as Yoga instructor,
- II. Self-employment by running own yoga center
- III. Placement in various reputed companies

*****This course was planned to start in academic session 2020-2021.
Brochure and other documents were set in 2020-2021.
But due to COVID-19 same course has been completed in 2021-2022 session.

Soma Roy.
Principal
Serampore Girls' College
Serampore, Hooghly

Signature of Principal

University Grant Commission

approved

NSQF Skill Based Programme

CERTIFICATE COURSE

IN

“Yoga Instructor”

(a formal skill development initiative)

at

SERAMPORE GIRLS’ COLLEGE

(Affiliated to University of Calcutta)

Academic Session - 2020-21



Eligibility: Only for women, Minimum 10+2 (HS pass), No Age Limit

Duration of the course: 6 months

Course Fee & Intake Capacity

Monthly fee: Rs. 200/- , Intake Capacity - 30

Admission Fee:

At the time of admission:

Rs. 500/- (Admission Fee Rs.100 + 2 months fees Rs. 400)

Date of admission: 19th & 20th Oct, 2020 (Offline, in college office)

Online admission: from 16th Oct to 21st Oct 2020.

Offline mode of Payment: By Cash (at college office)

Online mode of Payment: Bank Transfer

Online admission and payment mode is given on web portal

www.seramporegirlscollege.org

Documents required during offline admission at college:

- 1. Passport Photo (2 copies)**
- 2. 10th Marksheet & Admit Card**
- 3. HS Marksheet**
- 4. Voter ID/ Adhaar Card**

(All testimonials should be produced in original with xerox copies)

Class Hours: 11 am to 3 pm (Monday to Friday)

Teaching faculty: NSDC & UGC Approved Faculty & Trade Experts

**Assessment & Certification by : Beauty & Wellness Sector Skill Council
under National Skill Development Corporation.**

Future scope of engagement:

**Job prospects in Health clubs, Yoga & Pilates Studio, in schools
as yoga instructor, self employment by running own Yoga Centre**

**Special opportunity: Placement interview will be organized by
various reputed companies after successful completion of course**

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ATTENDANCE SHEET

NAAC : Grade B (2nd Cycle)
 e_girls_college@yahoo.co.in
 www.seramporegirlscollege.org

CLASS		SEC														the month of October, 2021														
Roll No.	NAME OF STUDENTS	Admission No.	ATTEND -														ANCE													
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	1	2	3	4	5	6	7	8	9	10	11	12	13	14
X	SUSMITA KHAN																													
1.	TANJUMA IAKHTAR		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
2.	SANGITA DAS		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
3.	POLI PAISA		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
4.	TANUSHA KOLY		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
5.	MOUJI KOLEY		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
6.	LUSI DEY		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
7.	SRESTHA GHOSAL		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
8.	MOUSUMI ADHIKARY		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
9X	RITU KUMARI GUPTA		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
10.	TRITISHA GANGULY		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
11.	MITALI SANTRA		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
12.	MOUMITA SEN		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
13.	PABEL DAS		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
14.	SONALI MALIK		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
15.	SANKARI GARMAN		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
16.	MAMAI SAHA		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
17.	SUSMITA NATH		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
18.	JANUSHREE DAS.		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
19.	PUSPITA CHIKRABORTY.		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
20.	ALIYA AFIMB.		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
21.	SUBHASHREE GHOSH		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		
22.	NEHA SARMA		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26		

BHARAT STATIONERS, 15 College Square, Kolkata-73, Ph. 2241 6838 / 9575 / 2257 1296 (033)

Attendance of Yoga Instructor Course 2021-2022 session

Soma Roy,
Principal
Serampore Girls' College
Serampore, Hooghly

Signature of Principal

Serampore Girls' College

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ATTENDANCE SHEET

		Students' Attendance Register for														
		CLASS _____ SEC _____														
		ATTEND -														
Roll No.	NAME OF STUDENTS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
x	SUSMITA KHAN
1.	TANJUMA AKHTAR	26	27	28	29	30	31	32	.	33	34	35
2.	SANGITA DAS	26	27	.	28	.	29	.	.	21	22
3.	POJI PATRA	25	.	.	26	.	27	28	.	.	29
4.	TANUSHA KOLEY	.	13	.	14
5.	MOULI KOLEY
6.	LUZI DEY	.	.	.	9	10
7.	SRESTHA GHOSAL
8.	MOUSUMI ADHIKARY
9x	RITU KUMARI GUPTA
10.	TRITISHA GANGULY
11.	MITALI SANTRA	16
12.	MOUMITA SEN	.	12	13	.	.	.	14	15	16	16	17
13.	PAJEL DAS
14.	SONALI MALIK	31	32	33	.	34	35	.	36
15.	SANKARI BARMAN
16.	MAMPI SAHA	22	23	24	25	26	.	27	28	29	30	31
17.	SUSMITA NATH	.	22	23	.	24	.	25	26	27	28	29
18.	TANUSHREE DAS.	22	24	25	.	.	26	27	28	29	21
19.	PUSPITA CHAKRABORTY.	.	.	11	12
20.	ALIYA APTAB.	18	19	20	21	.	.	22	.	.	23
21.	SUBHASHREE GHOSH	.	13	14	.	15	16	17	18	19	20
22.	NEHA BARMAN

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STUDENTS ENROLMENT SHEET (FIRST PAGE)

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
Candidate ID	Candidate Salutation	Candidate Name	Gender	Guardian Type	Guardian Name	ID No	QP Coc	QP Nar	Semest	College Code	College Name	University Name	State	Locatic	Sessio	Batch	Theor	Practic	Viva	Total
41968659 4637	Ms.	Sangita Das	Female	D/O	Samir Kumar Das	4196865946 37	UGC	Certificate in Yoga Instructor I		UGC026	Serampore Girls College	Calcutta University	West Bengal	Kolkata	2020-21	UGCBATC H00258	51	254	0	305
69142473 4310	Ms.	Mouli Koley	Female	D/O	Bablu Koley	6914247343 10	UGC	Certificate in Yoga Instructor I		UGC026	Serampore Girls College	Calcutta University	West Bengal	Kolkata	2020-21	UGCBATC H00258	0	0	0	0
43460120 6140	Ms.	Poli Patra	Female	D/O	Samir Patra	4346012061 40	UGC	Certificate in Yoga Instructor I		UGC026	Serampore Girls College	Calcutta University	West Bengal	Kolkata	2020-21	UGCBATC H00258	65	262	0	327
36022084 4262	Ms.	Moumita Sen	Female	D/O	Arun Sen	3602208442 62	UGC	Certificate in Yoga Instructor I		UGC026	Serampore Girls College	Calcutta University	West Bengal	Kolkata	2020-21	UGCBATC H00258	72	223	0	295
97763066 3143	Ms.	Puspita Chakraborty	Female	D/O	Rabiranj Chakraborty	9776306631 43	UGC	Certificate in Yoga Instructor I		UGC026	Serampore Girls College	Calcutta University	West Bengal	Kolkata	2020-21	UGCBATC H00258	59	250	0	309
55413411 6930	Ms.	Lusi Dey	Female	D/O	Susil Kumar Dey	5541341169 30	UGC	Certificate in Yoga Instructor I		UGC026	Serampore Girls College	Calcutta University	West Bengal	Kolkata	2020-21	UGCBATC H00258	65	239	0	304

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SAMPLE CERTIFICATE OF THE TRAINER (NSQF LEVEL 4)



Skill India
कोशल भारत - कुशल भारत



N · S · D · C
National
Skill Development
Corporation
Transforming the skill landscape

CERTIFIED TRAINER

This is to certify that
Sayanti Banerjee (Aadhaar No - XXXXXXXX1867) with Trainer ID - TR140461
has successfully cleared the assessment as
Trainer with Grade 'B'
for the Qualification Pack of **Yoga Instructor (BWS/Q2201)- v1.0**
conforming to National Skill Qualification Framework Level - 4
Date of Issue: 16/02/2021 | Valid Upto: 16/02/2023



TOT/BWS/Q2201V1.0/160221/TR140461/38101



BWS
BEAUTY & WELLNESS SECTOR SKILL COUNCIL



Blossom Kochhar
Chairperson
Beauty & Wellness Sector Skill Council



Soma Roy.
Principal
Serampore Girls' College
Serampore, Hooghly

Signature of Principal

SAMPLE CERTIFICATE OF STUDENTS



Certificate

This is to certify that **Ms. Susmita Nath** (Aadhar No. :- **XXXXXXXXX0405**),
D/O Laxman Nath, Student of Semester I, in **Certificate in Yoga Instructor**,
Session **2020-21**, of **Serampore Girls College**,
affiliated to **Calcutta University**,
has successfully passed in the assessment for the course.

Dr. Blossom Kochhar
Chairperson
Beauty and Wellness Sector Skill Council

SIN: BW258UGC026SUTH405549I
Date of Issuance: 31-05-2022

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IMAGES OF THE CLASS FOR YOGA INSTRUCTOR



Soma Roy,
Principal
Serampore Girls' College
Serampore, Hooghly

Signature of Principal